

Bone Suckin' Yaki Salmon

Are you looking for a way for your family to love eating healthy salmon?

Ingredients:

Bone Suckin' Yaki, 3/4 cup
Frozen limeade, 6oz. thawed
Olive oil, 3/4 cup
Garlic, 2 Tbsp. minced
Fresh Rosemary, 2 Tbsp. chopped
Frozen Salmon steaks or fillets, 4 (4 to 6 oz. each)



Directions: Combine Yaki, limeade, olive oil, garlic and rosemary in a flat dish (or gallon-size Zip-top plastic bag) Rinse glaze from frozen salmon using cold water; pat dry and place in marinade. Turn to coat and refrigerate 30 min. Heat a heavy nonstick skillet or ridged stovetop grill pan over medium high heat.

Remove salmon from marinade and place in pan. Cook, uncovered, 3-4 min, until brown. Turn salmon over, cover pan tightly and reduce heat to medium. Cook an additional 5-8 min or just until opaque throughout. Pour rest of marinade in small sauce pan and heat thoroughly. Use as extra sauce over salmon or over a side dish of rice. Makes 4 servings. 45 minute meal (including marinating time)

More Bone Suckin' Recipes at BoneSuckin.com or give us a call at 1-800-446-0947 / 919-833-7647.

Made In The USA!